



सत्यमेव जयते

**Consulate General of India
Houston**

PRESS RELEASE

The Consulate General of India, Houston, convened a meeting of community leaders and representatives of Yoga and diaspora organizations on May 1, 2026, to review preparations for the 12th International Day of Yoga (IDY) across the Southern United States. The meeting is part of the Consulate's ongoing engagement with community partners to coordinate, support, and amplify IDY celebrations throughout the region.

The International Day of Yoga was established by the United Nations in 2014, following a resolution introduced by India and supported by an unprecedented 177 member states. Since its first global observance on June 21, 2015, IDY has grown into one of the world's largest public health and cultural movements, promoting the universal values of well being, harmony, mindfulness, and holistic living. Each year, IDY is celebrated across continents through mass Yoga demonstrations, workshops, lectures, and community events, reflecting Yoga's global appeal and its relevance to modern lifestyles.

Addressing the gathering, Consul General Shri D.C. Manjunath expressed appreciation for the sustained commitment of Yoga organizations, volunteers, and community partners who have contributed to the success of IDY celebrations over the years. He encouraged all partners to continue their active involvement and work collectively to ensure that the 12th IDY celebrations across various cities are impactful, inclusive, and widely attended.

As part of the run up to IDY 2026, the Consulate organised a Curtain Raiser event at NASA on May 1, 2026. The event highlighted the global resonance of Yoga and underscored the strong collaboration between the Consulate and community organizations in promoting wellness and cultural diplomacy.

For this year's celebrations, over 30 events have already been planned across cities including Houston, Pearland, Sugar Land, Baytown, Fulshear, Austin, Dallas, San Antonio, Bentonville, Denver, Oklahoma City, and several others. Additional events are expected to be added as community partners finalize their programs, reflecting the growing enthusiasm for Yoga across the Southern United States.

The Consulate urges all Yoga enthusiasts, community members, and friends of India to join the events being organised by the Consulate General of India, Houston, as well as by partner organizations across the region. Further details and updates are available at: <https://yogadayoftexas.org/>.

Houston, May 13, 2026